

## Coquitlam Forklift Training Program

Coquitlam Forklift Training Program - The lift truck is a common powered industrial vehicle which is in wide use nowadays. They are occasionally known as lift trucks, jitneys or hi los. A departments store would use the forklift to load and unload products, whereas warehouses would make use of them to be able to stack products and materials. And grocery stores utilize small models to drop stock in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, operators of forklifts are needed to be correctly trained and licensed. The main concern must be on worker and pedestrian safety. This forklift training course teaches the safety and health regulations governing forklifts in order to ensure their efficient and safe utilization.

### Forklift Training Program Safety Tips:

Right training guarantees that operators of forklifts are able to maintain control of the forklift during traveling, lifting and tilting. Only trained operators should drive a forklift.

When the forklift is in operation; hands, head, arms, legs and feet must be kept in the forklift. Forklift forks should be kept low to the ground while being slightly tilted back. Observe posted traffic signs. Lessen speed and honk the horn if taking a corner. If the vision of the driver is blocked by the load, slowly drive in reverse. Pre-check the ground for possible hazards, such as objects, oily or wet spots, rough patches, holes, people and vehicles. Avoid sudden stops.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift should be stopped, the load lowered, waiting until the way is clear. If a load is being transported on an incline, the forks should be pointed downhill without a load and uphill with a load. The lift truck must only be turned around when on level ground.

Safety tips while steering - Never turn the steering wheel sharply if traveling fast. Turn making use of the back wheels and support the load by the front wheels. A truck which is overloaded would be hard to steer. Follow load restrictions. Never add a counterweight as a way to improve steering.

Safety tips when loading - Follow the suggested load and capacity limitations of the lift truck. This information is displayed on the data plate. Always make sure that the load is placed based on the suggested load centre. The forklift would remain stable so long as the load is kept close to the front wheels.

Prior to inserting the forks into the pallet, the mast of the forklift should be in an upright position. Level the forks prior to inserting them.