## **Coquitlam Forklift Training Course**

Coquitlam Forklift Training Course - Industry and federal regulators have established the criteria for forklift safety training based on their existing regulations and standards. Individuals wanting to use a forklift should finish a forklift training program prior to using one of these equipment. The accredited Forklift Operator Training Program is designed to provide those training with the information and practical skills to become an operator of a forklift.

There are forklift operation safety regulations which should be followed pertaining to pre-shift checks, and rules for loading and lifting.

Prior to a shift starting, an inspection checklist needs to be carried out and submitted to the Instructor or Supervisor. If any maintenance problem is discovered, the machine should not be used until the issue is addressed. To be able to indicate the machinery is out of service, the keys must be removed from the ignition and a warning tag placed in a visible place.

Safety regulations for loading will include checking the forklift's load rating capacity to know how much the equipment could handle. When starting the machinery, the forks should be in the down position. Bear in mind that there is a loss of approximately 100 pounds carrying capacity for every one inch further away from the carriage which the load is carried.

Lifting must begin with the driver moving to a stopped position around three inches from the load. The mast should then be leveled until it has reached a right angle with the load. Raise the forks to one inch below the slot on the pallet and drive forward. Next lift forks four inches. Tilt back the load to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk in order to warn other workers. Do not allow forks to drag on the ground.

Forklift loads should be loaded in such a way that they are secure and do not create a danger to other people or objects. Restraining loads is needed for materials that may shift during transport and destabilize the forklift.

Drums could be strapped together so as to prevent movement and shifting of the drums. Operators of forklifts should drive slowly when lifting liquids, to decrease instability in the forklift.